


Recommended Immunizations for Adults (Age 19 and Older)


You never outgrow the need for vaccines. The specific immunizations you need as an adult are determined by factors such as your age, lifestyle, high-risk conditions, type and locations of travel, and previous immunizations. Throughout your adult life, you need immunizations to get and maintain protection against: flu, tetanus, diphtheria, pertussis, shingles, pneumococcal, HPV, etc.

Encourage other adults in your family to check with their doctors for immunizations they may need to help protect against vaccine-preventable diseases. Childhood vaccinations will not protect you for the rest of your life

VACCINE	AGE	19-26 years	27-49 years	50-59 years	60-64 years	65 years & older
Flu¹ <i>Influenza</i>		1 dose annually				
Td or Tdap² <i>Tetanus, Diphtheria, acellular Pertussis</i>		Substitute 1-time dose of Tdap for TD booster; then boost with Td every 10 years				Td booster every 10 years
Varicella³ <i>Chickenpox</i>		2 doses				
HPV (Gardasil or Cervarix)⁴ <i>Human Papillomavirus</i>		3 doses (females)				
Herpes Zoster⁵ <i>Shingles</i>					1 dose	
MMR⁶ <i>Measles, Mumps, Rubella</i>		1 or 2 doses		1 dose		
PCV or PPSV^{7,8} <i>Pneumococcal Polysaccharide</i>		1 or 2 doses				1 dose
MCV4 or MPSV4⁹ <i>Meningococcal Conjugate</i>		1 or more doses				
HepA¹⁰ <i>Hepatitis A</i>		2 doses				
HepB¹¹ <i>Hepatitis B</i>		3 doses				

* Converted by the Vaccine Injury Compensation Program

 For all persons in this category who meet the age recommendation requirements and who lack evidence of immunity (e.g., lack documentation of vaccination or have no evidence of previous infection)

 Recommended if some other risk factor is present (e.g., on the basis of medical, occupational, lifestyle, or other indications)